

At what age are you 'aging'?

Match the age in left column with the related event in the right column.

10 years old	Age at which most of the population must use corrective lenses for near-vision acuity
20 years old	Median age of the U.S. civilian working population
Mid-20s to early 30's	Ability to process information rapidly peaks
40 years old	Physical strength and athletic performance peaks
40.7 years old	Vision is at its best
45 years old	First entitled to collect Social Security
62 years old	Full retirement age under Social Security
65 years old	Eligibility for coverage by the Age Discrimination in Employment Act
67 years old	Mandatory retirement age for airline pilots

Adapted from: Older Worker Training: What We Know and Don't Know, Charness, N. and Czaja, S.J. (2006). AARP, Washington, D.C. and the Social [Security Administration](#)